

# Weekly Bulletin 28th November 2025

## Upcoming Whole School Dates

**Nov** Friday 28th : Bottle Donations & Mufti  
Saturday 29th : Christmas Fayre

**Dec** Wed 17th : Christmas Jumper Day & Christmas Lunch  
Friday 19th : Christmas Church Service  
Friday 19th : Last day of Term 2

**Jan** Mon 5th : INSET Day  
Tues 6th : First Day of Term 3

<https://sjm.academy>

Telephone: 01323 730255

Email: [office@sjm.academy](mailto:office@sjm.academy)



**Whole School Reminder:**  
**We are an allergy aware school.**

**NO NUTS** are to be brought in to school. Thank you.

## School Notices

### Healthy Snacks

Please provide fruit for snack time rather than crisps or chocolate, as we are a Healthy School.

Dear families,

### ● Don't forget tomorrow is our Christmas Fair - see you there!!

Thank you so much to the Friends and volunteers who have put so much time into planning our Christmas Fayre. And thank you for all the wonderful donations of chocolate, bottles and Hook a Bags.

The school is looking fantastic already; the grotto is set up for Father Christmas and is looking fabulous, and we can't wait to see you all tomorrow. It looks set to be a wonderful festive day.



*Thank you for your ongoing support.*

## Attendance This week: Best attendance: Year 6

Reception	Year 1	Year 2	Year 3	Year 4	Year 5	Year 6	Whole School
92.2%	95.4%	94.7%	90.3%	95.5%	92.6%	98.5%	94.3%

# LIGHT Awards

## Well done

to this week's LIGHT award winners:

Frankie R

Emil Y1

Harry Y2

Elijah Y3

Daniel Y4

Samuel Y5

Imogen Y6

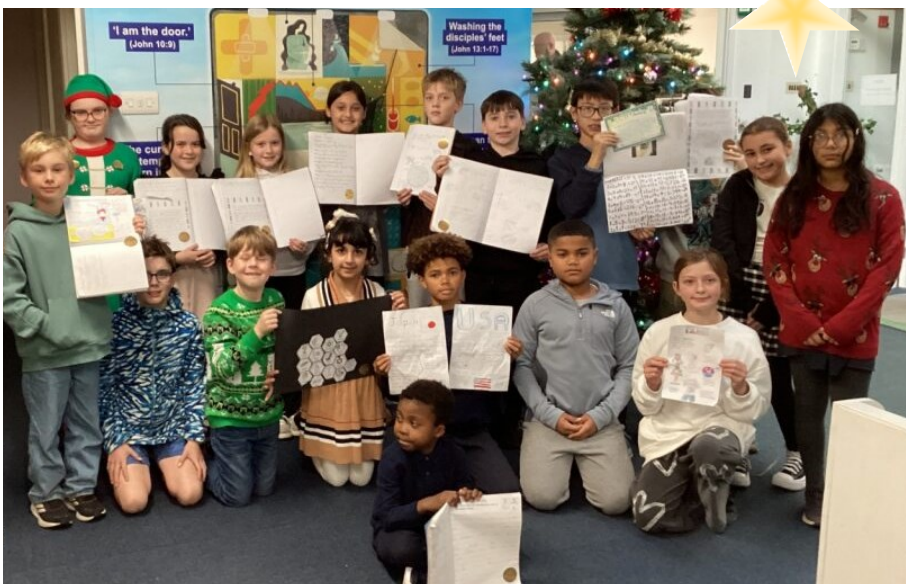


# Headteacher Awards

## Well done

to our Headteacher's Award winners for excellent work this week:

An, Edward, Abigail, Aila, Dollie, Henry, Henry, Lily, Kathrin, Scarlett, Samuel, Judah, Samuel, Stanley, Jorja, Elene, Oliver, Aidian and Khalid



# Sports Achievements

## Swimming Gala

Mrs. Foster and Mrs. Grout took some of our Year 6's to compete in a swimming gala this week.



Mrs. Foster said "They were amazing and should all feel very proud of themselves. They swam brilliantly, encouraged one another kindly and enthusiastically and represented our school fantastically!

A big well done to everyone and a special well done to the boys for winning their part of the competition! "



# Online Safety



National  
Online  
Safety

## 7 questions to help you start a conversation with your child about online safety

#WakeUpWednesday



1



Which apps/games are you using at the moment?

THIS WILL GIVE YOU A GOOD OVERVIEW OF THE TYPES OF THINGS YOUR CHILDREN ARE DOING ON THEIR DEVICES, ALONG WITH THEIR INTERESTS. REMEMBER THAT THEY MIGHT NOT TELL YOU EVERYTHING THEY ARE USING, SO IT IS A GOOD IDEA TO ASK THEM TO SHOW YOU THEIR DEVICE, BECAUSE NEW APPS AND GAMES ARE RELEASED REGULARLY, IT IS IMPORTANT TO HAVE THIS CONVERSATION OFTEN TO ENSURE YOU ARE UP TO DATE WITH WHAT THEY ARE DOING.

Which websites do you enjoy using and why?

AS IN THE TIP ABOVE, ASKING THIS QUESTION WILL ALLOW YOU TO FIND OUT WHAT YOUR CHILD IS DOING ONLINE, AND ENCOURAGE POSITIVE CONVERSATIONS ABOUT THEIR ONLINE ACTIVITY. ASK THEM HOW THEY USE THE WEBSITES, AND TAKE AN INTEREST IN HOW THEY CAN USE THEM IN A POSITIVE WAY, ALSO ASKING THEM TO SHOW YOU IF POSSIBLE.



2

3



How does this game/app work?  
Can I play?

SHOW A GENUINE INTEREST IN WHAT THEY ARE DOING, WHILST YOU ARE PLAYING A GAME OR USING AN APP WITH THEM, IT MIGHT HIGHLIGHT SOMETHING THAT THEY DON'T NECESSARILY THINK IS A DANGER TO THEM. IF THEY ACT LIKE THEY DON'T WANT TO SHARE THEIR ACTIVITIES WITH YOU, QUESTION WHY.

Do you have any online friends?

CHILDREN CAN FORM POSITIVE RELATIONSHIPS WITH PEOPLE ONLINE, AND THIS HAS BECOME MORE COMMON THANKS TO ONLINE MULTI-PLAYER OPTIONS, BUT THEY MAY NOT FULLY UNDERSTAND THE DIFFERENCE BETWEEN A FRIEND AND A STRANGER. YOU COULD MAKE THE QUESTION MORE SPECIFIC TO YOUR CHILD. FOR EXAMPLE: "HAVE YOU MET ANYONE ONLINE THAT YOU LIKE TO PLAY GAMES WITH?" THEY MAY NOT WANT TO SHARE THIS INFORMATION WITH YOU, SO ENSURE YOU TEACH THEM ABOUT HEALTHY RELATIONSHIPS.



4

5



Do you know where to go for help?

ALTHOUGH YOU MAY BE THE ADULT THEY TRUST THE MOST, SOME CHILDREN STRUGGLE TO TALK ABOUT WHAT HAPPENS ONLINE DUE TO CONFUSION OR EMBARRASSMENT. BECAUSE OF THIS THEY MAY STRUGGLE TO APPROACH THE NORMAL PEOPLE WHO WOULD HELP, SUCH AS YOURSELF OR A TEACHER. HAVE A CHAT TO YOUR CHILD ABOUT EXACTLY WHERE THEY CAN GO FOR HELP, AND HOW THEY CAN REPORT ANY ACTIVITY THAT THEY BELIEVE IS INAPPROPRIATE ONLINE.

Do you know what your personal information is?

YOUR CHILD MAY ALREADY KNOW WHAT THEIR PERSONAL INFORMATION IS BUT THEY MIGHT NOT THINK ABOUT HOW IT CAN BE SHARED. HAVE A CONVERSATION ABOUT WHAT PERSONAL INFORMATION IS AND HOW THIS CAN AFFECT THEM IF IT IS SHARED BEYOND THE INTENDED RECIPIENT. IT IS IMPORTANT THAT YOUR CHILD UNDERSTANDS THE DANGERS OF SHARING CONTACT DETAILS OR PHOTOS, AS INFORMATION SUCH AS THIS CAN SPREAD QUICKLY ONLINE.



6

7



Do you know your limits?

CHILDREN MAY NOT UNDERSTAND THE NEGATIVE IMPACTS OF DEVICE OR GAME ADDICTION, TALK TO THEM OPENLY ABOUT HEALTHY HABITS AND ASK WHETHER OR NOT THEM SPENDING TIME ONLINE OR PLAYING A GAME IS AFFECTING THEIR SLEEP, PERFORMANCE AT SCHOOL OR IF THEY ARE GENERALLY LOSING INTEREST IN OTHER ACTIVITIES, YOU MAY LEAD ON TO ENCOURAGING ALTERNATIVE ACTIVITIES AND DISCUSSING THE INTRODUCTION OF TIME LIMITS WHEN AT HOME.

Dear parents,

The **Eastbourne, Wealden & Lewes Family Grapevine WINTER 2025/26 issue** is now available to view and download online, printed copies of the magazine are available at your local supermarket [Tesco Super Store: Crowborough, Hailsham, Lewes and Uckfield; Tesco Extra: Lottbridge Dr in Eastbourne and CWS Co-op: Heathfield], you will also find copies at your local library, leisure centre and Family Hub, as well as information centre.

It is a one-stop directory of things to do for families with children from bump to teen. The magazine lists activities, places to visit and events taking place this winter/Christmas. It also features 4 fantastic competitions for a chance of winning some fabulous prizes, from days out to family weekend!



The online magazine can be found and downloaded here:

<https://thefamilygrapevine.co.uk/eastbourne-wealden-lewes/magazine/winter-25-26/>



## Holiday food and fun!

FREE for families receiving benefits-related free school meals.

Scan the QR code to visit our website.

[Welcome to Holiday food and fun | East Sussex County Council](#)



Activities may include sports, games, arts, crafts, music, and nature although these will differ from club to club.

Bookings for winter clubs are now open.



During school holidays at Easter, summer and Christmas, our Holiday Food and Fun clubs will be serving up a menu of activities and food for children and young people aged 5-16. Activities will vary and not all activities will be available to all ages.

Department  
for Education

